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WATER BASED NON DAIRY ITALIAN ICE 85GM (3OZ)

<u>NUTRIENT NAME</u>	<u>AMOUNT</u>	<u>NUTRIENT NAME</u>	<u>AMOUNT</u>
KILOCALORIES	64.98 KC	PROTEIN	0.000 GM
CARBOHYDRATE	21.14 GM	FAT	0.000 GM
CHOLESTEROL	0.000 MG	SATURATED FAT	0.000 GM
MONO FAT	0.000 GM	POLY FAT	0.000 GM
SODIUM	2.705 MG	POTASSIUM	0.9795 MG
IRON	0.018 MG	CALCIUM	1.176 MG
MAGNESIUM	0.4725 MG	PHOSPHORUS	0.000 MG
ZINC	0.0142 MG	COPPER	0.000 MG
MANGANESE	0.0001 MG	SELENIUM	0.000 MG
FLUORIDE	0.000 UG	CHROMIUM	0.000 MG
IODINE	0.000 UG	MOLYBDENUM	0.000 UG
VITAMIN A	0.000 RE	BETA-CAROTENE	0.000 UG
VITAMIN E	0.000 MG	A-TOCOPHEROL	0.000 MG
THIAMIN B1	0.000 MG	RIBOFLAVIN B2	0.004 MG
NIACIN B3	0.002 MG	PYRIDOXINE B6	0.000 MG
FOLATE	0.000 UG	COBALAMIN B12	0.000 UG
PANT. ACID	0.000 MG	BIOTIN	0.000 UG
VITAMIN C	0.000 MG	VITAMIN D	0.000 UG
DIETARY FIBER	0.007 GM	SUGAR	18.84 UG
ALCOHOL	0.000 GM	CAFFEINE	0.000 MG
COST	0.000	HISTIDINE	0.000 MG
ALANINE	0.000 MG	ARGININE	0.000 MG
ASH	0.0555 GM	ASPARTIC ACID	0.000 MG
CRUDE FIBER	0.000 GM	CYSTINE	0.000 MG
DHA-OMEGA 3	0.000 GM	EPA-OMEGA 3	0.000 UG
FRUCTOSE	0.000 GM	GALACTOSE	0.000 UG
GLUCOSE	0.000 GM	GLUTAMIC ACID	0.000 MG
GLYCINE	0.000 MG	INSOL. FIBER	0.001 UG
ISOLEUCINE	0.000 MG	LACTOSE	0.000 UG
LEUCINE	0.000 MG	LINOLEIC FAT	0.000 UG
LINOLENIC FAT	0.000 GM	LYSINE	0.000 MG
MALTOSE	0.000 GM	METHIONINE	0.000 MG
MOISTURE	55.77 GM	OLEIC FAT	0.000 UG
PHENYLALANINE	0.000 MG	PROLINE	0.000 MG
WEIGHT	85.04 GM	SERINE	0.000 MG
SOLUBLE FIBER	0.009 GM	SUCROSE	4.915 GM
THREONINE	0.000 MG	TRYPTOPHAN	0.000 MG
TYROSINE	0.000 MG	VALINE	0.000 MG

PERCENT OF CALORIES FROM: PROTEIN: 0% CARBOHYDRATES: 100% FAT: 0%
FOOD EXCHANGES: MILK: 0.000 VEG: 0.000 FRUIT: 0.000 BREAD: 0.000 MEAT: 0.000 FAT: 0.000
SUGAR PERCENTAGE 28% PER 3OZ SERVING CALORIES 60 PER 3OZ SERVING
 REVISED SEPT 2010